FORM 3

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

APPROVAI

OMB Number:	3235-0104
Estimated average burden	
hours per response:	0.5

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* PROOF Acquisition Sponsor I, LLC			3. Issuer Name and Ticker or Trading Symbol PROOF Acquisition Corp I [PACI]					
(Last)	(First)	(Middle)	11,00,2021	4. Relationship of Reporting Person(s) to Issuer (Check all applicable)			5. If Amendment, Date of Original Filed (Month/Day/Year)	
C/O PROOF ACQUISITION CORP I 11911 FREEDOM DRIVE, STE 1080			Director Officer (give title below)	X	10% Owner Other (specify below)	Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting		
(Street) RESTON	VA	20190					Person	
(City)	(State)	(Zip)						

Table I - Non-Derivative Securities Beneficially Owned

Indirect (I) (Instr. 5)		1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	Form: Direct (D) or	l '
-------------------------	--	---------------------------------	--	---------------------	-----

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	Expiration D	2. Date Exercisable and Expiration Date Derivative Security (Instr. 4) Month/Day/Year)		Jnderlying	or Exercise	Form: Direct (D) or	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	Price of Derivative Security Indirect (I) (Instr. 5)		
Class B Common Stock	(1)	(1)	Class A Common Stock	5,750,000(2)(3)	(1)	D	

Explanation of Responses:

- 1. The shares of Class B common stock have no expiration date and will automatically convert into shares of Class A common stock at the time of the Issuer's initial business combination, subject to adjustment as set forth in the Issuer's registration statement on Form S-1 (File No. 333-261015).
- 2. Includes up to 750,000 shares subject to forfeiture depending on the extent to which the underwriters' over-allotment option is exercised, if at all. This amount does not reflect the repurchase by the Issuer of an aggregate of 400,000 shares of Class B common stock (or 460,000 shares if the underwriter's over-allotment option is exercised in full) from the Reporting Person in connection with the closing of the offering and the reissuance of such shares to funds and accounts managed by subsidiaries of BlackRock, Inc., as described in the Registration Statement.
- 3. The Reporting Person is the sponsor (the "Sponsor") of the Issuer. The Sponsor is controlled by its manager, PROOF Sponsor Management LLC (the "Manager"). The managing members of the Manager are John C. Backus, Jr., Steven P. Mullins and Michael W. Zarlenga. No person individually has the power to vote or control the interests of the Sponsor. Each individual disclaims beneficial ownership of these shares except to the extent of any pecuniary interest therein. Accordingly, none of the managing members is deemed to have or share beneficial ownership of the founder shares held by the Sponsor.

<u>/s/ Michael W. Zarlenga</u> 11/30/2021

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.